

LINCOLN UNIVERSITY STUDENTS ASSOCIATION

# RAM!

MAHURI



JOIN THE  
**LUSA TEAM**  
FOR 2023



ISSUE 07

SEPTEMBER 2022

MAHURU

# TAKE A STAND VOTE

LOCAL ELECTIONS 2022



## Voting in local council elections is now open

Post your completed voting papers in any NZ Post postbox, at a Selwyn library or drop them in the ballot box onsite at LUSA from:

Tuesday 27 to Thursday 29 September

### Got any questions?

Council will be outside the LUSA office on 27 September, 11am to 1pm to answer any questions about the local elections.

### Special voting

- Haven't received your voting papers?
- Moved house since you last enrolled?
- Recently turned 18 and haven't enrolled yet?
- Lost or damaged your voting papers?

You can apply for a special vote. Contact the Council on 0800 SELWYN (735 996), [electoral.officer@selwyn.govt.nz](mailto:electoral.officer@selwyn.govt.nz), or visit the Council offices or any Selwyn library.

Voting closes 12 midday Saturday 8 October

[selwyn.govt.nz/elections](https://selwyn.govt.nz/elections)



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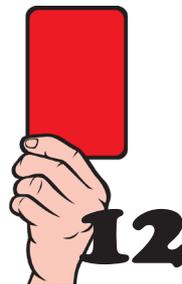
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## RAM is your Maheni!

So get involved and you'll be rewarded with your five minutes of fame and be set in print for life!



**Articles** - Done some cool stuff lately? We wanna hear about it!



**Pester The Prez** - Share you opinion. The more controversial the better.



**Club Yarn** - Been away on a cool Club Trip? Have an event coming up that you want to share?

Read Online at Issuu or [theram.org.nz](http://theram.org.nz)  
To submit a piece email [comms@lusa.org.nz](mailto:comms@lusa.org.nz)  
Follow us & keep up to date!





LOOKING FOR  
THE ULTIMATE  
PART TIME  
JOB WHILST  
STUDYING?

MOST JOBS  
TAKE ENERGY,  
THIS ONE GIVES IT!

REDBULL.CO.NZ/STUDENT-JOBS



## Kupu nā te Tumuaki.

Jeremy Kilgour

Kia ora and welcome to term four, the final leg of Semester two. It is crazy to see that the year is nearly over.

If you're like me, you've fairly well had enough of Uni and want to get your study over and done with. It is important to remember that while the end of the semester is close, you need to buckle up and put the mahi in to get the grades your after.

There is a busy term on with our elections, and various club activities and events such as Garden Party, so make sure you get amongst everything that LU and LUSA have to offer to have the best student experience.

If your considering running in the LUSA elections, look on page 14 for more information. It is a great opportunity; you learn a lot and get to advocate and support fellow students and engage in some cool conversations with many people around the university. If you have any questions about anything, email me at [president@lusa.org.nz](mailto:president@lusa.org.nz) or come into the office for a yarn.

I hope your studies go well for the rest of the semester and if there is anything that LUSA can do to help please reach out to us – email myself, or [students@lusa.org.nz](mailto:students@lusa.org.nz) or come into the office (ground floor of Forbes building) to speak with the LUSA team.

Kia kaha – be strong, keep going and get stuck in for the last leg!





Lincoln University Students' Association & Lincoln University Present

# COMMUNITY DAY 2022

**25 SEPTEMBER | 10AM-2PM | LINCOLN UNIVERSITY CAMPUS**

## **Free Family Fun for Everyone**

Inflatables, Petting Zoo, Sheep Shearing, Food Trucks and more!  
Bring along your family and friends and enjoy the activities and  
entertainment on Lincoln University's beautiful campus!

For more info visit [lincoln.ac.nz](http://lincoln.ac.nz)



[lusa.nz](https://www.lusa.nz)



[studentsatlincoln](https://www.facebook.com/studentsatlincoln)



**LINCOLN  
UNIVERSITY**

TE WHARE WĀNAKA O AORAKI



**LUMA**  
LINCOLN UNIVERSITY  
MUSLIM ASSOCIATION



**LU  
GYM**

# Ladies Only Gym Classes



**Saturday mornings, starting  
3<sup>rd</sup> September  
9am-10am (55 minute classes)**

**Where:** Lincoln University Gym, Studio 2  
**What:** Ladies only BodyBalance and Zumba classes. The classes will alternate each Saturday, starting with BodyBalance on 3<sup>rd</sup> September.  
**Instructors:** Body Balance (Scarlett Inwood) and Zumba (Brigitte Logan)

**All ladies welcome!**

**LU Gym  
Members  
are Free!**

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**Non-Member Pricing:  
\$5**





# LU GYM



MOVING MORE PEOPLE, MORE OFTEN

## Lincoln University Open Day 10am - 2pm

# RELEASE DAY

## SUNDAY 25 SEPTEMBER

### STUDIO 1

10:00am BodyStep  
11:00am BodyPump  
12:00pm BodyBalance

### STUDIO 2

10:00am BodyCombat  
11:00am BodyAttack  
11:30am Tone

### CYCLE STUDIO

10:00am RPM  
11:00am The TRIP  
12:00pm SPRINT



\* ALL NEW LES MILLS RELEASES \* ALL NEW MUSIC \* ALL NEW MOVES \*

## SUNDAY SESSION

**JOIN THE LU TEAM** for a day of fitness

*Attend as many classes as you like*

*Invite your friends to join you for FREE*

*Enjoy some Cookie Time goodies at the end of class*



## **Cam Butterworth**

**Tumuaki Tuarua**

Kia ora and welcome to the fourth and final term of 2022!

Term four is always an exciting and jam-packed term - with the likes of Garden Party and summer work coming up towards the end, but in the meantime, it's never-ending assignments, tests and exams! So, here's a couple of cliché words of advice to help any of you who are getting overwhelmed!

- Make a plan and don't leave all your work, study or personal admin till the last minute.
- If you find yourself getting burnt out, take a quick break. Go hang with your mates. Head to the pub for a quick one, clear the head then get back to it with a fresh mindset and smash it out!

Another exciting part about term four are the LUSA elections to elect the new executives for 2023. If this sounds like a bit of you or even something you want to find out more about, go talk to the current exec about their roles or the current exec of clubs that you're involved in, to get an idea of what goes on behind the scenes and if you could add anything

to the club if you were to get a role. Or if you don't know any of the exec members, I'm always more than happy to have a yarn and pass on my experiences, in both LUSA and club exec positions.

These are a great way to try your hand at something new and gain some experience in governance and leadership, which also provide skills that will benefit you later on in life. Plus, the exec positions are a great way to meet new people and looks awesome on your CV! So, I'd highly recommend putting yourself out there and going for a position on a club or LUSA during your time at Lincoln!

Finally, I hope all of you have enjoyed your holidays and are looking forward to getting into the final term.

If you have any feedback (positive or negative) or things you want to see more or less of from LUSA, let me or the team know, so we can try make your experience at Lincoln as great as possible!

I'll catch you guys' round Uni or the pub, and if you've got any ideas or feel like a yarn, don't hesitate to come say giddy!



## **Kate Simstra**

**Mā kai Reo Tauria**

Giddyay everyone and welcome to Term 4!

Wholly jeepers, it feels like I just celebrated New Years Eve, and I've just blinked, and it's September. I suppose they're right, time flies when you're having fun!

I hope you've all gotten somewhat of a rest during the semester break. Grabbed some fresh air, enjoyed the sunshine, or made some coin. For some of us, this will be our last term at Lincoln Uni.

Term 4 is always a hectic time with finishing assignments, exams, shifting or moving out of flats, moving into flats, interviews and summer work commencing! Some of this can really take a toll on your mental wellbeing. During times like this, it's important to remember when you're in the workplace, that grades won't matter, but your attitude will. Give everything ya best shot and enjoy the experience.

Although it's going to be a busy term, I really hope you are all getting out and socialising, enjoying each other's company and making the most of the opportunities that Lincoln has to offer including club

events, social activities, and, of course Garden Party! Be sure to get yourself and your mates sorted and grab your tickets now. Head to the [gardenparty.org.nz](http://gardenparty.org.nz) for tickets and everything you need to know.

Here's one of my favorite quotes: **'Excuses will always be there, opportunities won't.'**

I've kept this quote with me through most of uni and it has encouraged me to do a lot of things I never would have guessed I'd be doing. Like being a LUSA Rep.

Experiences make you richer than money ever will. You only get to have your uni experience once (in most cases), so get out there and make the most of attending events and making new friends. If you're not sure what's happening around campus, pop into the LUSA office and ask or jump online and follow their socials.

For the rest of the term Cam (Vice President) and I will be neck deep in our honors sheep experiment which has been a pretty cool experience so far.

For any of you who have questions or are interested in doing an honors project in your final year, don't hesitate to reach out for a yarn.

I'm looking forward to seeing you all around campus, at more LUSA events and giveaways and then I'll catch ya at Garden Party for a hoot of a time!



## Tash Smith

Mā kai Reo o kā taurira paeruka

Ello again, gosh the semester is going so fast, it's great Spring is here, and campus seems to have a great atmosphere at the moment.

LUSA was awesome at putting on a Post Grad High Tea at Union Fare. A local cafe in Prebbleton, which is locally owned and operated. It was great to support the locals and enjoy the amazing food they put on. Events like these are a great way for PG's to meet other PG's and talk about their studies and life in general. Another recent event was the 3MT (three minute thesis), which was another great way to meet other Post Grads but to also hear about other students research.

Even our LUSA president, Jeremy participated with his dissertation research, which was great to see! A shout out to James Eggers who won the masters section of 3MT. who has now gone on to represent Lincoln Uni at the 3MT Inter-University Masters Peoples Award. Lincoln students and Post Grads are doing well, and it's nice to give them the recognition and praise they deserve.

Coming up in November is the Post Grad conference, where the University will showcase what it's good at with many

speakers over the two or three-day conference, (dates yet to be confirmed). Please keep a look out for more comms, as it will be great to see PG's attend along with undergrads.



## Vivian Wang

Rika Āwhina

Da jia hao. Hello everyone!

After a long, cold Winter (and a bit more snow), Spring is finally here! It is reminding us that, life might get tough for all of us from time to time, but the warmth always comes back.

We have an interesting couple of months coming up, full of cool events. What excites me the most is, National Dumpling Day on the 26th September. The University and our dedicated, hard-working student experience team are organising some delicious dumplings to put out in Grounded on the day. It would also be fantastic opportunity to learn about the Chinese culture and language. This will be in conjunction with 'Mental Health Awareness Week' which is organised by the amazing LU wellbeing team. So keep an eye out for their comms on Facebook and I hope to see you there!

**\$10**  
student discount available

**motus health**  
lincoln

physio    podiatry    rehab

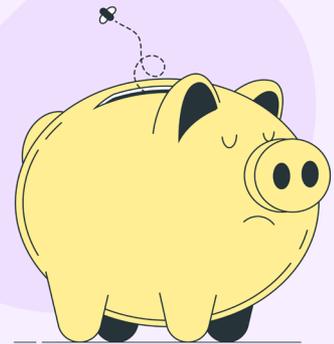
find us at unit 7, 3 vernon drive, lincoln & the lincoln university gym  
call on 03 325 2039 or book online at [motushealth.co.nz](http://motushealth.co.nz)  
*we're helping you to live active*

# Oops, 404! Money not found.

**LUSA's Financial Assistance Fund can provide support when you're experiencing an unexpected financial issue!**

For criteria, exclusions, more info or to apply visit:

[lusa.org.nz/financial-assistance-fund](http://lusa.org.nz/financial-assistance-fund)





Red Bull  
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GLOBAL VALORANT  
STUDENT TOURNAMENT



WATCH THE NATIONAL FINAL LIVE  
ON TWITCH SEPTEMBER 17TH

[TWITCH.TV/REDBULLNZ](https://www.twitch.tv/redbullnz)





# Red Card.

Whether you're a fresher or a seasoned battler, listen up! We've got some classic Red Cards which are fundamental to Lincoln-life.

If you haven't pulled your Red Card yet, then this better inspire you to do so!

A Red Card is where each member of the flat has the opportunity to 'pull' their Red Card and the other members of the flat MUST take part in the Red Card.

Ok, time for some laughter you sad faced freaks!

\*Remember to drink responsibly and not peer pressure anyone into drinking.

- Centurion - Take a sip of your drink every minute for 100 minutes.
- Beep Test - similar to a Centurion. You must take a sip every beep.

- Flat Fridge Marathon - Dress up in sports attire and move between flats drinking all the alcohol in the flat's fridge.
- Thermal Lock In - Put a heater in every room, turn them on, close the doors and curtains and nobody can leave until their box is finished.
- Year 7 & 8 Disco - Boys and Girls have to sit on separate sides of the room and whoever is last to finish their drink(s) has to break the ice.
- Fast and Furious - All members hop in a car and the car drives away from the flat. The aim is to finish all drinks and run back to the flat as fast as possible. Once someone has finished all their drinks they can get out of the car and the car continues to drive away from the flat until the last person has finished their drinks. The last person back at the flat must do something foul. Only do this if you have a sober driver.
- Scumpy Hands - All members of the flat have to have x2 Scumpy bottles taped to their hands and cannot take them off until they are finished.
- Possum - Climb a tree and you can only get down once you've finished your box.
- Tinder Red Card - All members of the flat have to bring along a tinder date.
- Bondage vs Blackout - if you chose blackout you are blindfolded and if you chose bondage you are tied to another person until your box is finished.
- Dress up to a theme.
- Drink a brand of alcohol that starts with your first letter of your first or last name.
- Drink out of something that is not a glass, cup, bottle or can.
- Beer Pong Tournament.
- Drink a box, get naked, and run around the block.
- Funnel/Road Cone on entry.
- Drink a box and get to the airport as fast as possible using no money or phone. The last person there needs to get on the next flight.
- Donate blood then finish a box.
- Dinner out at a BYO.

# What the F\*#k does the LUSA Exec do?

by Jeremy Kilgour, your LUSA President

**With the LUSA elections fast approaching, this article will give you a better understanding of what the LUSA exec actually does. Each role has a 'position description' which gives a brief overview. This can be found on our website ([lusa.org.nz](http://lusa.org.nz)) under 'represent' and 'LUSA 2022 Exec'. However, these position descriptions do not always tell the full story...**

## The LUSA Presidents Role

The President role is full time, meaning you work 40 hours a week for the whole year (you get 4 weeks off like a normal job) and starts on December the 1st. The President gets paid \$51,000 and the exec get paid \$5,000. The other exec positions are part time, meaning you work on average 10 hours a week during the term time only. This means you can do whatever over the holiday breaks. The roles are fairly flexible meaning you can work around your lectures, labs, and other commitments.

## A day in the life of the LUSA President

- Work closely with and manage the LUSA General Manager.
- Work closely with and manage the LUSA executive including catching up every fortnight.
- Attend weekly LUSA executive meetings to discuss general student concerns, ideas, issues and opportunities.
- Work closely and regularly catching up with key people in the university and LUSA including the Vice Chancellor, Deputy Vice Chancellor Student Life, and Student Experience manager.
- Work with external organisations such as NZUSA.
- Chair the LUSA executive meetings and two other boards/committees within the university.
- Attend Lincoln University Council Meetings and provide a report each meeting.
- Attend various other meetings, both academic and student experience related.
- Help out with events and give away free food.
- Engage with students and various groups and clubs on campus to actively gain student feedback.
- Attend various Lincoln University events such as graduation, community day, and orientation.

## A LUSA Executive's Role

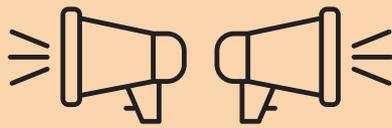
Being on the exec is pretty awesome. You get to govern a business that turns over more than \$1,000,000, employs 6 staff and 2 advisory members, and represents over 3000 students. You get to meet some awesome people within the university and external organisations and engage in conversations that are important to students and often confidential. You also get to build your skill set such governance, leadership, interpersonal skills, time management skills, and budgeting skills to name a few. These skills look awesome on your CV! You get to learn on the job, meet cool people, and build your skill set all while being paid to do so!

## A day in the life of the LUSA Executive

- Attend weekly LUSA executive meetings to discuss general student concerns, ideas, issues and opportunities.
- Catch up with the President every fortnight to see how everything is going, including their portfolio.
- Govern LUSA by attending monthly LUSA executive meetings where policies, finances, and other formal items are discussed.
- Undertake their portfolio which includes meeting with various staff within LUSA and the university, sitting on boards/committees - both academic and student experience related, and undertaking initiatives.
- Engage with students and various groups and clubs on campus to actively gain student feedback.
- Help out with events and give away free food.

## What will 2023 Bring?

There are exciting things happening in 2023 such as discussions around facilities and buildings at LU, more international students coming, new senior leadership team, new strategic direction of LUSA, policies to update, budgets to set, equity diversity and inclusion initiatives to undertake, a new staff member coming on board, and a whole new exec and exec structure.



# LUSA<sup>2023</sup> EXECUTIVE ELECTIONS



## IMPORTANT DATES TO ADD TO YOUR CALENDAR!

### NOMINATION PERIOD

MON 19<sup>TH</sup> SEPT, 9AM  
– SAT 24<sup>TH</sup> SEPT, 12PM

### CAMPAIGNING PERIOD

SAT 24<sup>TH</sup> SEPT, 12.01PM  
– FRI 30<sup>TH</sup> SEPT, 11.59PM

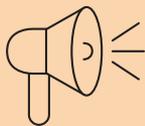
### VOTING PERIOD

MON 3<sup>RD</sup> OCT, 9AM  
– THU 6<sup>TH</sup> OCT, 5PM

## SO, WHAT DO YOU GET OUT OF IT?



SUPPORT



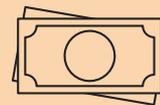
VOICE OF  
INFLUENCE



CONNECTIONS



CONFIDENCE



GET PAID



CV FODDER

FOR MORE INFO OR TO APPLY VISIT: [LUSA.ORG.NZ/ELECTIONS](https://lusa.org.nz/elections)

[lusa.nz](https://lusa.org.nz)



[studentsatlincoln](https://www.instagram.com/studentsatlincoln)





# MENTAL HEALTH AWARENESS WEEK

## HEI PIKINGA WAIORA



26th–30th September 2022

Monday 26th	Tuesday 27th	Wednesday 28th	Thursday 29th	Friday 30th
<b>Theme: Reconnect, with the people and places that lift you up.</b>				
<p><b>Coffee &amp; Kōrero</b> 12pm–1.30pm, Grounded</p> <p>Join us for coffee or tea and a kōrero in Grounded.</p> <p>Meet Gizmo the dog, and check out some LU's history in photo memorabilia.</p>	<p><b>Heritage Guided Walk</b> 12pm, Ivey Hall/Library</p> <p>Want to connect with the history of LU and get your step-count up? Join us for a guided tour of historical points of interest on campus.</p> <p>Meet at Ivey Hall/Library Entrance at 12pm, departing 12:10pm. Bring a friend, meet some new faces and we'll shout you a coffee at Mrs O's afterwards!</p>	<p><b>Staff Monthly Morning Tea</b> 10.30am–11am, Mrs O's</p> <p>Join us at Mrs O's for the staff monthly morning tea, for \$5.50 get a regular hot drink and biscuit.</p>	<p><b>MHAW Baked Goodies Giveaway</b> 12.30pm, Outside LUSA</p> <p>Come along to the food stall outside LUSA at 12.30pm to receive some delicious home baking, baked by our very own students.</p>	<p><b>Planting Day in Collaboration with Te Ara Kakariki</b> 9.30am, 243 Barnes Road</p> <p>Join us for a planting session. Meet outside the planting site at 9.30am. Location is 243 Barnes Road, off Tancred's Road. We have 460 plants, so many hands will make for a quick session.</p>
<p><b>National Dumpling Day</b> From 12pm, Outside LUSA</p> <p>Celebrate by enjoying some dumplings, outside LUSA, 12pm onwards. Learn greetings in Mandarin &amp; Cantonese.</p>	<p><b>Weekly Walking Group</b> 12pm–12.30pm, Outside the Library</p> <p>The weekly walking group leaves from outside the library at 12 noon and we walk for 30 minutes. All welcome.</p>	<p><b>Waiata Wednesday</b> 12pm–1pm, Te Whare Whakakotahi</p> <p>This is an opportunity to come together and learn a waiata. No previous kapa haka experience is needed, these sessions are open to all levels of learners and singers. Nau mai, tauti mai!</p>	<p><b>Movie Night</b> Film: Boy 6pm, Grounded Theatre</p> <p>Nau mai, tauti mai! Come along to our movie night on Wednesday night! We'll bring the snacks, so you just need to bring yourself!</p> <p>Free popcorn and snack provided.</p>	<p><b>Campus Art Tour</b> 10.20am–11.10am, Mrs O's</p> <p>Take the time to slow down and reconnect with your surroundings by joining Art Curator Fiona Simpson on a tour of our art collection in the Stewart Building and the Library.</p> <p>Bring your travel mug and get a FREE coffee from Mrs O's before we depart.</p>
		<p><b>Piano for Hope ft. Sam Cooper</b> 1.10pm–1.50pm Stewart Foyer</p> <p>Lunchtime concert, Korero and Kai with LU Alumni Sam Cooper playing music composed and inspired by his mental health journey. Koha accepted.</p>		<p><b>Gumboot Day Sausage Sizzle</b> 12pm, Forbes Lawn BBQ</p> <p>Grab your gumboots and come down to the BBQs at 12pm for a sausage sizzle.</p>
				<p><b>Yoga Class</b> 12.15pm–1.15pm, Whare Hākinakina (LU Gym)</p> <p>If the day is nice yoga will be outside, meet in the yoga room as normal. Mats provided.</p>



LINCOLN  
UNIVERSITY  
Wellbeing &  
International Support



TE AWHIORAKI  
MAORI STUDENTS' ASSOCIATION



LU  
SA  
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University  
Students'  
Association

# Bark Up



Written by Phoebe Smailes

Saturday 20th of August saw every; man, woman, and their dog (literally) at The Famous Grouse for The Lincoln Young Farmers 2022 Bark Up!

This year saw the highest number of entries we have ever had at 29 dog and 7 human entries. A massive thank you to all our participants, LYFC sub-committee members and most of all our sponsors. From the generosity of our sponsors, we were able to offer more than \$4000 worth of prizes!

The dogs certainly came to the table to perform and most importantly so did the human entries! Our judges Ben and Pete were extremely impressed by our contestants who certainly did not make their job easy.

A big congratulations to our top three place getters in the dog section and our top two in the human section.

- 1st Angus Gibb and Lachie
- 2nd Rose Cochrane and Shak
- 3rd Henry Spark and Rocky

Human Entries:

- 1st Fergus Smith (owner) and Caleb Smith (dog)



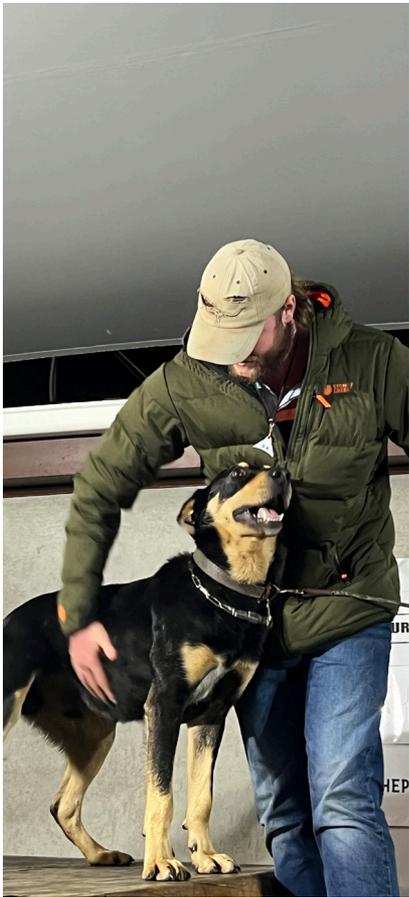
- 2nd Mario Wylaars (owner) and Ben Higgenbottom (dog)

Besides all the hustle and bustle of excitement from everyone, there was an awesome reason behind the funds made on the night. The Bark Up is our event for the year where all profits made are donated to a local charity, often rural related and this year it was the Westpac Rescue Helicopter Trust.

I know my family has received help from this trust out in our rural home and many other members and farmers have also. The Westpac Rescue Helicopter needs to raise \$6 million every year to keep these choppers out saving the lives of our fellow friends and family. This year we raised \$2800 to donate to the Trust and although it is not the \$6 million, it certainly is something to help make a difference so I encourage you to help support them where you can.

Once again, a big thank you to the helpers on the night, our judges and most importantly our sponsors.

If you come across our amazing sponsors be sure to support and thank them for supporting one of the best Bark Ups we have had!



# Rangiora Working Bee

Written by Hamish Goatley

On Friday the 26th of August, seven Lincoln Uni students from Handy Landys headed to Rangiora where we met up with eight farmers that were involved with the Rural Support Trust. From here we convoyed up to Marlborough, where over the next two days, we managed to get across eight farms providing help in all areas from fencing, chainsaw work, digger work, debris removal, and even a spot of welding.

The weekend was full of hard work and plenty of challenges, but this work was truly rewarding by being able to give back to the sector in which we are studying or are involved within. A rather exhausted crew pulled into Rangiora filled with excitement from the help that they managed to give the farmers in the area. None of this work could have been achieved without the volunteers that came away on the trip. Many thanks for your hard work and your enthusiasm. Thanks to you, now, many farmers don't have to worry about the kilometers of fences that are strewn everywhere, or the culverts that are still buried and they are all very grateful for your help. A special thanks needs to go to Geoff Sparks and the team from the Rural Support Trust for teaching us all many skills along the way and a thank you to the members of the Handy Landys Exec, for all of the work that they put into this Club to keep it going!

# Sex Quiz

Written by Lisa Andersson

The Sex Quiz 2022 was a great hit with everything from dick size to sex positions covered. A big thank you to everyone who attended and to all the volunteers who made this night possible.

Some lucky contestants walked away with prizes and vouchers from our amazing sponsor Adult Toy Mega Store. Another big thank you to LUSA and Britney, who put hours of work and support into making the night a blast.

Keep an eye out for the Thursdays in Black stalls happening on Thursdays in Grounded.

Stay safe out there and look out for each other!

## \*THURSDAYS IN BLACK

Towards a world without rape and violence





## Meet George! Your Student Health Counsellor

Have you ever wanted to try Cognitive Behavioural Therapy (CBT) for anxiety, depression, alcohol use?

Come have some free sessions at Student Health!

I am George, a counsellor based at Student Health. I have a Master of Counselling and this year I'm doing some further post-graduate study

in (CBT) and I need some clients to practice my new CBT skills with. You will receive a full CBT assessment and treatment. If you went privately this would cost you a large amount of money.

Please contact student health on 03 325 3835 or email [George.gribbin@lincoln.ac.nz](mailto:George.gribbin@lincoln.ac.nz) to book in for a no obligation chat.

## PLANTING DAY!

WEDNESDAY 21ST SEPTEMBER  
12.45 - 4PM

MEET AT GROUNDED, FORBES BUILDING TO THEN  
WALK OVER TO THE ARBORETUM

COME CLEAR YOUR HEAD AND JOIN US FOR AN  
AFTERNOON OF LEARNING, YARNS AND PLANTING!  
BRING GUMBOOTS & GLOVES IF YOU HAVE THEM



LUSA'S 2022

# GRAD BALL

CONGRATULATIONS GRADUATES, LETS PARTY

THURSDAY 22ND SEPT 2022  
7PM-MIDNIGHT  
FAT EDDIES, OXFORD TERRACE  
TICKETS: \$80+BF [HUMANITIX.COM](http://HUMANITIX.COM)

lusa.nz  
studentsotlincoln



#TIB stall  
Thursdays  
Grounded  
11am - 12pm  
Prizes to be won!

## \*THURS DAYS IN BLACK

Towards a world  
without rape  
and violence

WE HEAR YOU.  
WE BELIEVE YOU.  
WE SUPPORT YOU.

*We wear black on Thursdays for you.*



# MAKE YOUR PARTY A GOOD ONE

REGISTER YOUR PRE / AFTER PARTY AT [GOODONE.ORG.NZ](http://GOODONE.ORG.NZ)



# Southern Ocean Expedition

By Kate Marshall

In January 2022, an opportunity arose for the trip of a lifetime that I could not refuse. I was offered a place by Heritage Expeditions on their True Young Explorer Scholarship program to the Subantarctic Islands. We would be spending two weeks aboard the Spirit of Enderby visiting the most remote parts of New Zealand.

Having finished my studies at Lincoln University in Conservation and Ecology, I was drawn to this opportunity to be able to experience the wildlife, plants, history and remoteness of New Zealand's lesser-known islands.

The New Zealand Subantarctic Islands are comprised of five groups: the Snares, the Auckland Islands, Campbell Island, the Antipodes and the Bounty Islands. Located South East of New Zealand, the islands are classed as Nature Reserves and World Heritage Sites for their high biodiversity values. Many of the plants and animals we were able to see are found nowhere else in the world. The islands also have a rich human history from the many ship wrecks, research stations, exploration and failed human settlement.

Some of the islands we explored by inflatable boats, known as zodiacs, where we cruised the perimeter experiencing sea caves, amazing rock formations, thousands of penguins climbing steep rock faces, albatross and sea lions. At the islands of Auckland Islands and Campbell Island we

were able to step ashore to stretch our legs and venture further into the unique landscapes including ancient rata forests, fields of megaherbs and albatross colonies.

As we sailed further away from New Zealand I watched as the landscapes changed, from densely forested with tussock and megaherbs, to tussock and megaherbs only, and finally the most dramatic change came at the end of the voyage with the Bounty Islands. These islands had zero vegetation and soil, just animals living on giant rock formations in the middle of a wild ocean. Every available space was occupied, these islands were covered in animals, including the Bounty Island shag, erect-crested penguin, Salvins albatross and New Zealand fur seal.

Other animals that we were able to witness were; Snares crested penguin, yellow-eyed penguin, rockhopper penguin, sea lion, red-crowned parakeet, giant petrel, Antipodes parakeet, Auckland Island shag, Auckland Island teal, New Zealand falcon, Campbell Island snipe, elephant seal, Antipodean albatross, Gibson's albatross, southern royal albatross, white-capped albatross, light-mantled sooty albatross plus many more!

I had such an amazing time on the trip and will cherish the memories made for a long time and can recommend the trip to any wildlife lovers out there.

Unfortunately, like many wildlife rich areas around the world, the Subantarctic Islands and the wildlife that make the islands their home, are under threat from several angles. Climate change, the fishing industry and introduced mammal pests are threatening many species.

The Antipodean albatross has a conservation status of nationally critical, making it one of our most at-risk seabirds. It is estimated that we are losing around 2,300 a year of these birds. It is thought that climate change is changing the foraging habits of these birds and their paths are crossed with commercial fishing vessels where they are being caught in longlines. Fishing bycatch is a huge problem worldwide, contributing to the deaths of both marine animals and seabirds. Longlines are a large line set behind a fishing vessel with baited hooks attached to a net and catches not only the target fish species but any animal that gets caught in the nets or hooks.

How you can help with conserving native species

Volunteer your time with a local conservation group with planting, weeding or trapping predators. Reduce or cut out seafood from your diet, when buying seafood look for the Certified Sustainable Seafood blue tick to support more sustainable fishing methods.



# Saturday Playgroup

Written by Vivian Wang and Iris Long

The LU Parent Society has hosted a few exciting activities during our regular Saturday playgroups. International Book Month, make-your-own fruit kebabs, Father's Day card making, and more! Below is a recap from our lovely Iris, with some insights into our Parent Societies playdates.

At our recent Saturday playdate in Grounded, children, and parents came together for Book Month, where we started off with some indoor games with balls and balloons. There was plenty of noise, fun, and children running around which made Grounded the ideal empty space. About half an hour later we managed to get all the children gathered back together to have a break where we enjoyed some fruit, sausages, milk, and biscuits. Yep, very healthy food!

For International Book Month all children were well prepared. Rayn had prepared two books and Julia already recorded her video at home. Everyone was excited to showcase their reading skills. Several children are in Year 1 and 2 at Primary School and a couple are pre-schoolers, so well done children! And well-done parents for encouraging them to read. Of course, all children deserved a 'Certificate



of Achievement' for their excellent reading, and they treasured that award. It was nice for them to have something to take home to put on their wall or fridge.

After reading, the kids decided to draw something for Dad for the upcoming Father's Day. Then we all went outside to play and enjoy the sunshine. The kids were running around on the lawn and playing soccer, it was such a wonderful day, and every child made the most of it!

I'm sure they all had a good sleep that night after all those activities.



# Spring Arotakeka

Ōtautahi



## EXPLORE SPRING FLOWERS

The best way to celebrate Spring is to get out and smell the flowers. Literally. Grab your bike and check out the famous Cherry Blossoms at Hagley Park or head to Kurashiki Garden in Halswell, part of the Sister City Gardens. The gardens delight with plantings from each of our sister cities and the Japanese cherry blossoms will be in full swing.

You can't miss daffodils in Spring but the best spots to see them in full bloom is at Hagley Park, particularly along Harper Ave and the Ōtakaro Avon River. See them from the water with a punt down the river or have a mini adventure with a hired kayak from the Antigua Boat Sheds.



## DINE OUTSIDE

Go alfresco with the weather warming up. There's nothing like basking in the sun over lunch or a few cocktails! Head to Smash Palace for a quirky vibe with beers served out of a converted bus. Or head to OGB for their famous burgers and enjoy live music in their courtyard.

For avo (after work) drinks, the Astro lounge is hard to beat with live music, fairy lights, and cushy couches. Or check out the rooftop bars in the CBD for unbeatable views.



## BABY ANIMALS

Spring is about new life – not just in the gardens! Stroll along the Ōtakaro Avon River to see the wee ducklings. Or better yet, grab a hire scooter and zip along the Avon Loop, then down past Margaret Mahy playground.

Grab the niece or nephew (or the big kids) and head to Arion Farm Park or Willowbank to see newborn lambs, pigs, and bunnies hopping around. Be sure to grab a bag of feed at the shop so you can hand feed the animals. Spring is also the season when our national bird, the Kiwi, gets active and starts breeding. Willowbank's nocturnal Kiwi house is one of the best places to see these birds in real life.

# Procrastination Puzzles

## THE 'ALRIGHT' SUDOKU

6					9			4
	8	9	5				1	6
5				6		3		9
8	3	1				7		5
	2						6	
9		7				8	4	2
2		6		1				8
3	7				6	9	2	
1			3					7

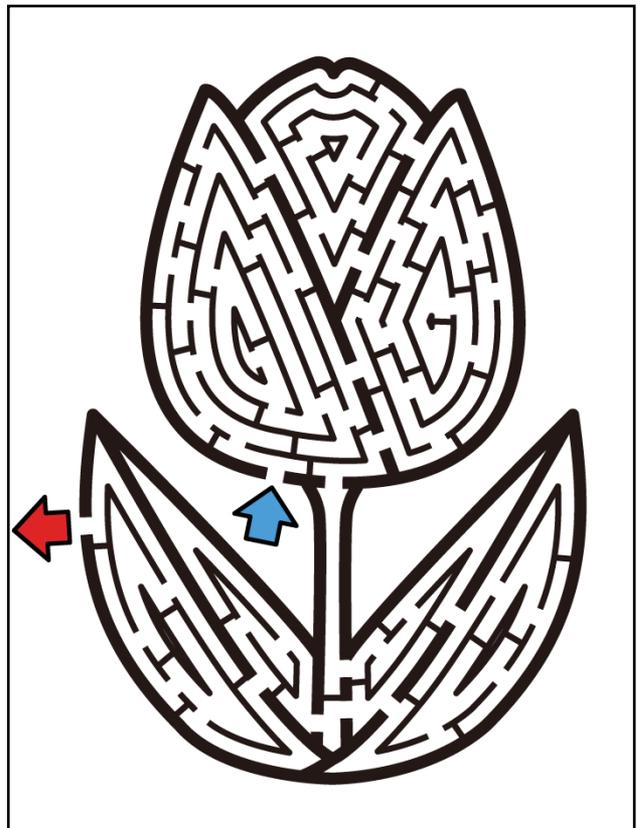
## THE 'TRICKY' SUDOKU

		6	5					8
	9	5					2	
7			9			3		
				4		2	7	
			8	7	3			
	7	9		5				
		2			8			9
	5					8	1	
3					5	4		

## NAUGHTY RIDDLES

1. You play with me at night before going to sleep. You can't get caught fiddling with me at work. You only let a select few people touch me. What am I?
2. What's a four-letter word that ends in "k" and means the same as intercourse?
3. Arnold Schwarzenegger's is really long. Michael J. Fox's is short. Daffy Duck's isn't human. Madonna doesn't have one. What am I?
4. What's messy and can be really annoying and/or tricky to clean up after sex?
5. I am long and hard and most people will happily spend their wages on me. After having me most people feel a huge feeling of relief.

## TULIP MAZE

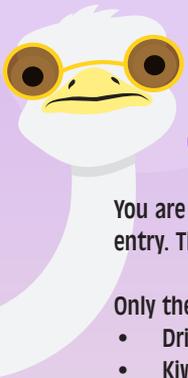


Answers: 1. Your phone 2. Talk 3. A Surname 4. Feelings 5. An

# GARDEN PARTY

## #GP22

### WHAT YOU NEED TO KNOW...



#### BRING YOUR ID

You are required to present one of the below forms of ID upon entry. These must be current, and valid on the day of the event.

Only these three approved forms of ID will be accepted;

- Drivers Licence
- Kiwi Access Card (18+)
- NZ or Overseas Passport

Physical copies only, screenshots will not be accepted.

Bag searches will be conducted upon entry. You can bring in empty water bottles. Do not arrive drunk or on drugs, as you will not gain entry into Garden Party under any circumstances. Please Note: Unlike previous years, you will not have the ability to sober up in the Detox Zone and re-enter the event!

No pass outs.

#### TICKETING

The only valid ticket sale source is Humanitix. Unlike previous years, ticket resales will not be allowed unless made through the official ticket resale platform Tixel.

We can scan tickets on your mobile phone, although if you have a cracked screen it might be a good idea to print your ticket out as they can be more difficult to scan and will hold up the queue.

Before arriving at the event open your Humanitix email, click on the link/attachment to reveal your Humanitix digital ticket in preparation for scanning. Ensure the lighting on your mobile phone is turned right up to aid the speed of scanning your digital ticket.

Simply present the digital ticket to the customer service representative at the gates for scanning alongside your ID.

#### INTOX/SUPPORT ZONE

We have a duty of care for your safety.

Bar staff and security staff can refuse service to anyone showing signs of being overly intoxicated, be that alcohol or drug use, and have you admitted into the Support Zone.

If you end up in the Support Zone, you will remain there until you are deemed safe to be removed from the event and appropriate transport has been arranged for your removal. You will not enter back into Garden Party at any stage under any circumstance, so don't bother trying your luck!

Please Note: Unlike previous years, you will not have the ability to sober up in the Support Zone and re-enter the event.

A liquor ban has been applied to the surrounding streets. Security will be present in these areas and police will be active in policing this. Please respect the law and the community.

If you are hosting a pre/after party be sure to register is with **GOODONE.ORG.NZ** to help you and your guests stay safe and have a good one, PLUS you could WIN a \$150 Brekkie Hamper to help keep you going!

#### EXPRESS ENTRY

For the first time in 2022, you will be able to skip the lines with our Express Entry Check-in.

**Come to the LUSA Club House - 60 Ellesmere Junction Road. Thursday 20th October (the day before the event), 2-5pm.**

Bring your ticket and ID along to express entry and get your wristband put on for Friday! Then on the day, head up the Express Entry line for bag check and you're in!

NOTE: Intoxication levels, bag checks, and pat downs will still

operate in the Express Entry.

If any wristband is broken or appears to be tampered with in Express Entry you will not gain entry to the event and will not be refunded. Your wristband becomes your ticket, so look after it.

Please ensure you bring your ID to the event as security or bar staff may require proof of age at any time.

\*Drug Checking by Know Your Stuff will be happening at the same time from 2-6pm

## COME PREPARED

Costumes are a massive part of Garden Party but not expected.

If coming in costume please choose appropriately.

No culturally insensitive costumes. No black facing. No weapons – fake or real. No pets. We reserve the right of admission.

Wear appropriate footwear. Wear sun or rain protection. Garden Party will go ahead rain, hail or shine. No umbrella's or chairs.

Bring any medications you require such as asthma inhalers etc.

Leave food and drink at home, but you may bring in an empty water bottle if you wish. There are on-site bars, water stations with cups, food vendors and plenty of free food (GF and Veg).

No bags, backpacks or coolers over 40x40cm.

All bags and costume props will be searched upon entry.

**This event is cashless, so bring eftpos. There are no ATM's on site or credit card facilities.**

## KEEP YOURSELF SAFE

Avoid mixing any drugs (including alcohol and medications).

Stick to your limits. Only have on you what you plan to use as it can be hard to stick to decisions you made once intoxicated.

Stay hydrated. If you are doing a lot of dancing or physical activities, aim to drink a glass of water per hour and take regular breaks.

Look out for your mates and check in regularly to make sure everyone is okay and able to get home.

If choosing to use drugs, plan for the high and the recovery. Test your product using the drug checking service to check it is what you think it is. Measure your dose, and make sure you know where you will be staying for your recovery.

Do not take drugs from an unknown source or stranger.

## DRUG CHECKING

Anonymous and free drug testing will be carried out by 'Know Your Stuff', a community organisation committed to reducing drug related harm at festivals and events.

**Know Your Stuff will be at the Club House (60 Ellesmere Junction Rd) on Thursday 20th October from 2pm-6pm, during the same time as our Express Entry Check In.**

LUSA does not condone drug use and it's safest for you not to use drugs, but given some of you may have decided to despite the risk, it's important to keep you safe. This checking service is about LUSA doing our bit to ensure everyone returns home safely at the end of the event.

## ONSITE

If you feel that you require support for any reason during the event, please head to our 'Info and Wellness' marquee where you will find Red Frogs and medical assistance.

Security and Police will be on-site, surrounding the local community and streets, stationed around the fully fenced venue and out doing random roadside breath testing.

Stage diving, crowd surfing and circle pits are not permitted.

## LOST PROPERTY

Lost property can be found at the 'Info and Wellness' marquee during the day and at the LUSA Office from Tuesday 25th October.



**21ST OCTOBER 2022 // LINCOLN UNIVERSITY // 10AM-4PM**

**GARDENPARTY.ORG.NZ**

**FOOD FOR THOUGHT:**  
**WHEN YOU  
SCREW THE  
CREW.**

Tautakata Student

It's a bit average but it has happened to most of us, or at least a friend of ours...

We all have our secret stories and my story is a perfect example of the crew being screwed!

Long story short - my boyfriend broke up with me, then three months he starts dating one of my friends. FS mate! So, I'm heading round to my friend's flat, where my ex lives. We're all hanging out, but they're there cuddling on the couch! It's like 'okay we used to do that!

But cuddling another chick in front of your ex is next level. so, on the outside, I look fine, cool, calm, and collected but on the inside I'm like, 'Fuck, ain't this a bit awkward?!' I mean, he could have just left uni and moved to the other side of the world, couldn't he? But no, he's just still hanging around in Lincoln with the new girlfriend who is my friend!

I tell myself it's normal for there to be chemistry between friends. You end up spending quite a bit of time together in fun situations and get to know each other quite well. All I'm asking is for people to consider how things might change if things don't work out. Will you still be able to stay friends or will it be weird when you bump into them at Uni or at the pub? Is screwing with your friend's ex going to piss off your friend off? But then again, after a few jugs at the Grouse none of these thoughts will be in your head!

It's an interesting situation in any friend group. It changes the friend dynamics, and relationships between people. Splits friend groups and makes for some interesting gossip. But then again it could turn into true love!

Be careful adulting out there team.



Well, it's finally that time when we say goodbye to the winter rain and frosts and say hello to the sunshine, daffodils, lambs, and of course the garden!

I always feel like a bit of a Nana getting excited about the garden but I figured I might as well spread the excitement and share some tips and tricks to get you young people involved!

Growing your own vegetables in the garden is the best thing, considering a cucumber will cost you half your rent these days and I don't even get me started on the price of tomatoes. Eating healthy is hard enough as a student, so spending \$6 on a seedling to get veges coming out your ears is definitely the way to go. Plus the feel-good vibes after harvesting your first vege crop is satisfying and addictive!

The good news is you don't need much to get started, especially in Lincoln. The most important part of growing anything is the soil, so put most of your time into this. The better your soil is the more veges you'll get. You can always buy soil mix but I find the best soil is from the farm with a bunch of natural fertiliser already in it (thanks to the sheep). Farmers are not hard to find around here and will surely trade some soil for baking or beer!

If you're flatting, it's a good idea to keep your garden in small-ish containers so you can lift and move them easily. Old salt lick bins or a drum are an ideal size. Then you're ready to head to your local farmers market or Mitre10 to buy what you'd like to harvest and eat (and also what's on special), then plant away!

**NOTE:** The Tui Garden Calendar has a great guide to what's in season.

A top tip is to watch out for September frosts in Lincoln but by the end of September, I'll be planting cucumber, beans, lettuce, carrot, peas, zucchini, pattypan squash, and all the herbs under the sun!

# Student Services Fee

## Where does your money go?

by your President

**The Student Services Fee (SSF) is a fee you pay every year for services that are student related such as LUSA, Te Awhioraki, Careers & Employment, Health Centre, Whare Hākinakina (LU Gym), and English Language fee (if applicable). More information about the fee can be found on the Lincoln University website.**

This year it is set at \$850 for full time in person students and \$270 for students online. This is comparable to students at other universities that pay between \$400-1000 per year.

For 2023, the fee will increase to \$880 for full time in person students and \$335 for students online. The increase in this fee is largely due to inflation but also an increase in honorarium/salaries for the Te Awhioraki exec. The LUSA exec get paid \$5000 per year, while the Te Awhioraki exec get significantly less but still work the same number of hours as the LUSA exec (10 hours). You might be thinking well how do I know if the exec are actually working 10 hours or not? The executive report to the President and only half (\$2500) is guaranteed pay and the other half (\$2500) is based on performance according to several things including their portfolio,

governance, representation, and a variety of other things. This same process will take place with Te Awhioraki executive and the

Tumuaki to ensure that your money is being spent appropriately. The Te Awhioraki increase accounts for \$12.50 and the rest accounts for inflation. Given that inflation has been as high as 7% this year, an increase to the SSF of 2% to account for inflation is a minor increase. I understand that it is hard to be a student and there are costs here there and everywhere, but we also must consider that it is essential that these services can still function effectively to deliver the service to all students.

Are you not happy about the fee increasing? The committee that sets the SSF is chaired by the LUSA President and has equal number of students and staff. This means that students voices are heard,

and students are involved in making the decision. Every two years Lincoln University undertakes a survey to get student input. The committee considered the survey, other student input through informal surveys and informal feedback by the students on this committee. Students in the survey said that the services are important and that they would not mind it increasing. Student input is highly valuable and is listened to!

If there are any questions, comments, or concerns about the SSF come and see the LUSA President in the LUSA office or email [President@lusa.org.nz](mailto:President@lusa.org.nz)





### What is StudentCard?

StudentCard is New Zealand's longest serving and most prominent discount card for students. Their core purpose is to offer the best possible discounts on products and services to make student living more affordable. These exclusive offers are only redeemable by members with a valid StudentCard.

### How do I use my StudentCard?

For in-store redemption, simply show your digital StudentCard to claim the specified discount. For online redemption, either log in through the StudentCard app or website to claim your discount code. The 'Shop Now' button will lead you directly to the corresponding online store.

### What else am I missing out on?

Follow StudentCard on social media for weekly giveaways, laughs and tips.



@studentcardnz



Get your digital StudentCard for \$20 with the LUSA promo code and keep saving until March 2024

studentcard.co.nz



**LUSAdeal**

Download the app:





# Untitled Poem No. 7

By James M.B

For it is the wind  
kisses, touches, and passes.

Playing with those that  
one I had. That did not last.

Even one tried to be,  
hindered. Just some words,  
of the face that was left on seen.

For it was cloudiness.

One day to two days,  
comes the third, all I felt was gray.

It was then and I stood there.

The trees, like those of Dürer.

EM

ER

GE

YESTERDAY'S TOMORROW

LANDSCAPE ARCHITECTURE  
STUDENT EXHIBITION

COMING SOON

---

FOLLOW OUR PROGRESS:

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## Considering Postgraduate Study?

By Tash Smith and Jeremy Kilgour

When people refer to PG (Postgraduate) study, they often refer to Masters or PhD. However, there are many PG qualifications such as a certificate, diploma, honours, masters, and PhD. These qualifications can be great if you wish to further your study/research, increase your employability, or if you don't know what you want to do with life yet. There are differences in qualifications including time frame

- Honours – One extra year of your undergraduate study, which includes courses and a dissertation. There are 6 options at LU.
- Certificate – One semester long and 5 options at LU
- Diploma – Two semesters long and 8 option at LU
- Taught Masters – Two or three semesters long depending on how many credits it is. There are 16 options at LU.
- Research Masters – Four semesters long, with two semesters on courses and one year on a thesis.
- PhD – Six semesters long with no courses and focusing on a thesis only.

When you undertake a PG qualification, there are many scholarships available, especially for research qualifications. There are currently 71 scholarships for PG study on the Lincoln University Website. These scholarships help to pay your course fees and often can pay you a stipend, so you get paid to study!

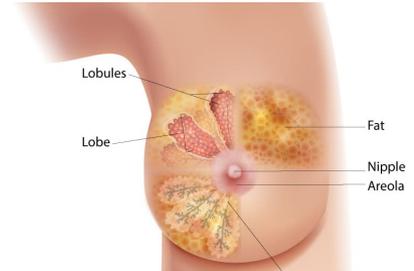
All PG students have access to the PG areas within the university. There are many PG areas such as level 1 on Forbes with kitchen facilities, quiet study areas, hotdesking set ups and a social study area so you can catch up with fellow PG students. Depending on what faculty you are in, there are also other PG study areas such as in the Library, Forbes, Science South, Burns and Science North (when its built). PG students get special access to certain areas after hours so you can work at uni into the early hours of the morning.

Lincoln offers a great range of PG qualifications and LUSA have been working hard to encourage engagement of PG students to network and meet. PG study can often be individual or isolated at times due to the nature of the work, so LUSA and the PG Society put on events and morning teas to allow PG students to catch up, socialise, have fun, and share their concerns.

If you are considering PG study, have a chat to LUSA's PG rep, look on the Lincoln University website, or talk to your lecturers and course advisor.

# Check Yo Self!

On the back of Daffodil Day, I thought I'd dive a little deeper into what the terrible 'C' (Cancer) is. Well, it's a nasty thing that most New Zealanders will have some experience with— personally or through relative or friend...and increasingly so, as cancer rates are increasing on a global scale! This is even more true in New Zealand. So, I thought I'd shed some light on cancer and common types for us here in New Zealand and for our age groups.



Every day 71 New Zealanders are diagnosed with cancer.

The most common cancers in New Zealand, and ones of most concern, are:

- Lung
- Bowel
- Cervical
- Prostate,
- breast
- Skin
- Testicular

Skin cancer is the most common type of cancer in New Zealand with an estimated 80% of all new cancers each year being skin cancers. There are two groups of skin cancers – melanoma and non-melanoma, with melanoma being the most dangerous. If left untreated, it can spread rapidly to other parts of the body.

Melanoma can:

- Appear as a new spot
- Be an existing spot, freckle or mole that changes colour, size or shape.
- Look different to other spots
- Be raised ('sticky out') and look shiny in appearance

- Appear quickly
- Sometimes be itchy or bleed
- Appear anywhere on the body (even on parts that aren't usually exposed to the sun, such as the soles of your feet or under your toenails).

Breast cancer is NZ's third most common cancer and causes more than 500 deaths per year. Risk of breast cancer increases with age and, as such, is not comparatively common in women under 50 years of age. Roughly 70% of diagnosed women with breast cancer and about 80% of women who die from it are 50 years or older. However, some women are at heightened risk of the breast cancer because there is a history of the disease in close family. For information on how to check your breasts go to [breastcancerfoundation.org.nz](http://breastcancerfoundation.org.nz)

Testicular cancer is by far one of the most prominent cancers among young males, with NZ having one of the highest rates of TGCT in the world. Of even greater concern, is that Māori males experience a significantly greater risk being 80% more likely to develop the cancer. Self-examination is possible with the best time for you to examine your testicles is during or after a shower or bath, when the skin of the scrotum is

relaxed. Hold your testicle between your thumbs and fingers with both hands and roll it gently between your fingers. Look and feel for any hard lumps or nodules (smooth rounded masses) or any change in the size, shape, or consistency of your testicles. Do remember that it is normal for one testicle to be slightly larger than the other, and for one to hang lower than the other. You should also be aware that each normal testicle has a small, coiled tube called the epididymis that can feel like a small bump on the upper or middle outer side of the testis. Normal testicles also contain blood vessels, supporting tissues, and tubes that carry sperm. It is not uncommon to confuse these with abnormal lumps at first. If you have any concerns, ask your doctor.

Prostate cancer is the most commonly diagnosed cancer (apart from skin cancer) in NZ men. While it is predominantly in men over 50 there are numerous cases in over 20 years of age. On average, roughly 4,000 men are diagnosed each year, with 650 deaths from the disease yearly.



# Asshole Astrology

Horoscopes for Horrible People



## Virgo

August 23 – September 22

It's all a load of old bollocks, really, isn't it? This horoscope nonsense. Do you think that if I stopped writing them anyone would notice? There's so many star signs to make shit up for. I am wasting my life! Talk to strangers. Beware of cats. Your lucky number is seven.



## Libra

September 23 – October 22

You ever noticed how Libra sounds a bit like library? That's because your natural habitat is a library. I made that up but go to a library this week. You're allowed to drink tea and eat flapjacks there to your heart's content so long as you don't get anything on the books.



## Scorpio

October 23 – November 21

Shit or get off the pot. Can't you see that there's a queue here? Other people desperately need to use the loo. Do your business as intended or accept that you won't, pull your pants up, and get out of there. Either way remember to wash your hands. You're not an animal.



## Sagittarius

**November 22 – December 21**

Life is a journey. Time is a truck. You are roadkill. If you don't want to be roadkill then get on the bus. It's a long journey so you might want to go to the toilet before you set off. And, remember, it's much easier to ride the bus in the direction that it's going.



## Pisces

**February 19 – March 20**

Some days you're the mouse. Other days you're the cheese. This week you're mostly a mouse made out of cheese being chased by a great big cat who's lactose intolerant. Who or what is the cat in this metaphor and what does it want from you? That's what you need to work out.



## Gemini

**May 21 – June 20**

Your heart's in the right place. In a jar on your desk. Next to the much bigger jar of formaldehyde that contains your twin. Why did you kill your twin? And why did you put it in a jar on your desk. That's a stupid place to hide a body. This week you bury it in the woods.



## Capricorn

**December 22 – January 19**

This week you have imposter syndrome. That's good because you're a total fraud. Nobody loves you. Everybody knows. I'm just kidding. Stop beating yourself up about nothing you sack of shit. Like I said I'm just joking. Just believe in yourself. You've totally got this.



## Aries

**March 21 – April 19**

Are you insecure about something? You should be! Here's the secret truth about something you don't know but feel insecure about anyway. Followed by 10 completely made up reasons that anyone will read anything so long as it's a list. Self-help doesn't help. Help yourself.



## Cancer

**June 21 – July 22**

This week will be your best week in about the last 10 years. Or it won't. Either way you're still here. You have everything you need. And, short of a great big neon sign pointing in the direction you need to travel, you know exactly what you need to do. Chin up. Fight on.



## Aquarius

**January 20 – February 18**

You're being chased by a swarm of angry bees. Luckily they're far away so if you keep going they won't be able to catch up with you. Still, remember to be kind to bees — it's not their fault that they're angry. We've totally screwed them over. Don't be a dick about it.



## Taurus

**April 20 – May 20**

Want to be a morning person? Every day before you go to bed fling yourself into a tree. You'll wake up with the birds... WHO HURT YOU?!! Stop trying to be so productive all the time. Maybe have an early night, try to get some sleep, or read a book at bedtime or something.



## Leo

**July 23 – August 22**

You know that old joke about two people in the jungle who get chased by a lion. One says: "We'll never be able to outrun a lion." The other says: "I'm not trying to outrun a lion. I'm just trying to outrun you." Well that. But you're the lion. And it's no laughing matter.

# SPACE PRIDE WALK CEREMONY

21st September 2022, 1-3pm (UFT)

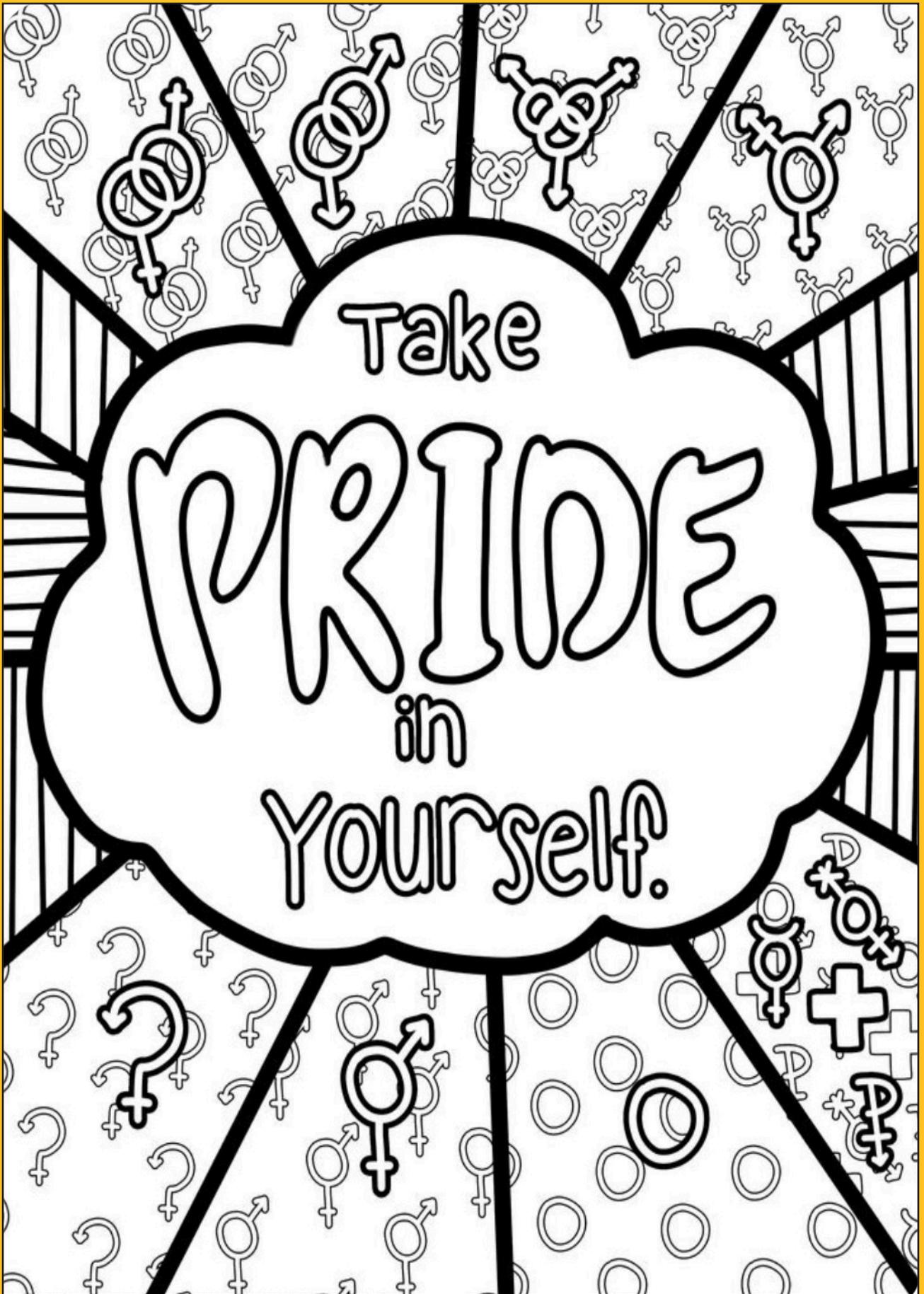
**SPACE will be commemorating Lincoln University's Rainbow Crossings with an official opening and ceremony!**

Walk will begin at 1pm at the Calder Drive crossing and finish with a blessing at the Forbes rainbow crossing.

There will be food trucks, live music and Queer artist stalls.

**Pride giveaways, spot prizes  
and merch up for grabs!**





# GARDEN PARTY

#GP22

FEATURING (A-Z)

DUNE RATS  
KLP // MUROKI  
SHOCKONE //  
THERE'S A  
TUESDAY

WITH SUPPORT FROM (A-Z)

ASHY // AUNTY EL  
BECCIE B // HALFQUEEN  
HURRICANE EMILY  
PORIS // SEAN HILL

No ID

**R18**

No Entry

TICKETS: **\$65 // \$80**

LU STUDENTS

GENERAL ADMISSION

21ST OCTOBER 2022 // LINCOLN UNIVERSITY // 10AM-4PM

**GARDENPARTY.ORG.NZ**

 LUSA.NZ

 STUDENTSATLUSA

**SMIRNOFF**



HAPPY HIRE



The edge 88.9  
CANTERBURY

